

Instruction by Oak Hills Lacrosse Coach Mike O'Connor!





When: Saturday, August 17

Time: 10am - 1pm Where: River's Edge

Cost: \$40

Grades: 3rd - 9th

- designed for beginner player or player who has
 1 year + experience with age appropriate drills and games
- instruction in the skills and techniques for throwing, catching, cradling, shooting, ground balls, offensive and defensive skills, shooting, and basic concepts of the game
- designed to develop skill and lacrosse knowledge in an atmosphere that promotes learning, competition and fun

Participants must bring lacrosse stick and water bottle. (Optional: goggles, mouth guard, cleats)

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Name						Во	У	Girl
School			Grade	T-shirt size:	YM YI	. AS	AM	AL
Address		City/Sate/Zip						
Phone	Cell		Email					

COST: \$40 Cash or check only. Please make checks payable to River's Edge. No refunds unless camp is cancelled. Space is limited.

